

# **WEEK 2 - WARFARE STRATEGY**



**Objective for Day 8 to 14 – Boot-Hill** - Clear and secure the roads inside and outside the mind and way of thinking, keeping discipline and drive. Get ready; this week will be active and physical for the spirit, soul and body.

**1Co 9:25** *Every athlete in training submits to strict discipline, in order to be crowned with a wreath that will not last; but we do it for one that will last forever.*

## **DAY EIGHT**

**The Battle of “Exercise”** – The goal of getting yourself battle-ready, having a fit and strong body, soul and spirit.

**1Ti 4:8** *Physical exercise has some value, but spiritual exercise is valuable in every way, because it promises life both for the present and for the future.*

**3Jn 1:2** *My dear friend, I pray that everything may go well with you and that you may be in good health---as I know you are well in spirit.*

**1Co 9:27** *I harden my body with blows and bring it under complete control, to keep myself from being disqualified after having called others to the contest.*

**Php 4:13** *I have the strength to face all conditions by the power that Christ gives me.*

**Isa 40:28** *Don't you know? Haven't you heard? The LORD is the everlasting God; he created all the world. He never grows tired or weary. No one understands his thoughts. :29 He strengthens those who are weak and tired. :30 Even those who are young grow weak; young people can fall exhausted. :31 But those who trust in the LORD for help will find their strength renewed. They will rise on wings like eagles; they will run and not get weary; they will walk and not grow weak.*

**Start building discipline by exercising physical. Let that discipline spill over to the Spirit and exercise Spiritually even harder. Never Compromise!**

